## Letter to Parents

Dear Parents,

Natural Fertility Services Cairns will return to our school in this term to present a Personal Development Program based on the "Wonder of Living" series. NFS is a Catholic Diocesan Service and has been educating in the area of age appropriate sexuality for over twenty years in the Cairns diocese. The program is values-based and family-orientated and has the full support of Bishop James Foley. The presenters are accredited Family Life Educators.

Parents are a child's key source of information about sexuality and this series will help in this role. Parents can assess the suitability of the movie before their child's session by attending the **'Parents**'

Only Session' on Wednesday 8 October from 2.00pm. THIS IS TOMORROW.

The movies to be viewed in the series are:

Movie 1 A New Baby (Years 1–7) 18 minutes The unique gift of each child! Discusses conception, foetal development and birth. Movie 2 And Now There's Me (Years 4–7) 22 minutes Looks at body systems, healthy living, relationships, family of origin, conception and birth.

The sessions for parents and children on Thursday 23 October are as follows:

Year 1/2	1.25pm – 2.25pm	Movie 1
Year 2/3	1.25pm – 2.25pm	Movie 1
Years 4 & 5	9.55am – 10.55am	Movie 2
Years 6 & 7	9.55am – 10.55am	Movie 2

Following the movies, the session continues with a group discussion using foetal development and baby models to create the appropriate environment where questions may be asked and answered.

The program also includes **Puberty Talks for the Year 5, 6 & 7 students on Thursday 23 October** in gender specific groups.

The issues discussed are puberty, hygiene, hormones, body and emotional changes, behavioural issues and managing periods (girls). These sessions do discuss puberty changes for both genders, in an attempt to foster an attitude of respect for this time of change in each of their lives.

Open Doors the creators of the movie series also provide a resource for parents, "Conversations with your Child" that may be purchased online from <u>www.opendoors.com.au</u>

I encourage parents to attend any of the above movie sessions and take advantage of this Personal Development Program being offered for the benefit of all families in our school community.

If you **DO NOT WISH** your child to attend the program please complete the form below and return to school by **FRIDAY**, **17<sup>TH</sup> OCTOBER**.

&	Natural Fertility Services	
	Wonder of Living Program	
Please	e return completed form by (FRIDAY, 17 <sup>™</sup> OC	TOBER)
Family Name:	Child's Name	Year
<b>No</b> , I do not give permissi	on for my child to attend the Wonder of Livin	ng Program.