WEEKLY NEWSLETTER

WEEK 6 – TERM 3 ST RITA'S SCHOOL SOUTH JOHNSTONE



19 August, 2014

Dear Parents and Caregivers,

Yesterday morning saw a flurry of activity and 32 very excited Prep/Year Ones venture off on their annual camp. The children thoroughly enjoyed the Gruffalo performance at the Cairns Civic Centre and the animals at the Cairns Tropical Zoo. The crocodile show was exciting as well as being able to touch an alligator. The very tired Preps went home with the Year Ones sleeping over in the library. Today they are off to the Sugar Museum, Mourilyan Bakery and the Bulk Sugar Terminal at Mourilyan Harbour. There will certainly be some tired little people tonight.

Congratulations to all the children who competed at the Peninsula Athletics Carnival held over the last two days. It was great to see the children having a go with such tough competition and holding their heads high even if they were not successful in an event. Well done everyone. A big thank you also, to the parents who gave up their precious time to get the children to the event.

Tickets for our wonderful Fathers' Day Raffle came home last week, with over \$1000 dollars of prizes to be won. Michelle has informed me that there has been times book at K-mart to sell tickets as well as the opportunity to sit up the main street. It would be great if you could give a couple of hours of your time to sell tickets. If you can please let us know in the office.

The other major issue on the agenda last night was discussion around our joining the Innisfail Sporting Association. I would like to thank the parents who have taken the time to contact me personally face to face or by email with their thoughts for and against the move. At present I have 5 against the move, 8 for the move and 4 non-committal. At the bottom of this newsletter is a tear off slip to be returned to the office **by the end of this week.** The main points to think about are:

- The children will have tougher competition hence they should be more motivated to develop themselves.
- The children will still have the chance to go to Barlow Park if they achieve in their age group. Speak to the parents who have had their children at Peninsula athletics this week and they will tell you what a big step it is from district.
- Not as many of our children will have the opportunity to go to Peninsula level however they will have a bigger range of sporting teams to try out for eg., rugby league, rugby union, softball, touch football, tennis, instead of just netball and soccer.
- 4. Children in the upper classes have the opportunity to participate in town sport rotations on a Friday afternoon.
- Only children who are selected athletes go to the district sports not the whole school as we do now.

Congratulations to the five girls (Bonne Hunter, Mikki Buchanan, Laura van Haaren, Ella Keough and Hannah Sultana) who are competing in the 2014 Optiminds competition at JCU this weekend. We wish them the best of luck. The girls have been preparing for the competition over the last six weeks and hopefully they will have exciting news to tell us next week. This Friday is our annual Book Week dress up day. Children do not have to stay in their costume all day especially if it is cumbersome. They can bring their sports uniform to change into. We do not expect parents to go to any great expense with the costumes. Some of the most simplest costumes are the most effective.

We encourage all the children to dress up as well as having the book that their character comes from. Some of the things the judges will be looking for will be Best Look Alike Character, Best Homemade costume, Best Fable Tale and Best Overall. Have a great week.

God bless

Vicki

RELIGIOUS EDUCATION NEWS



WHAT IS HAPPINESS AND HOW DO WE GET IT ?

More than ever, happiness seems to be a complicated and somewhat elusive concept. Its very meaning and complexity are topics of much discussion in our modern world and it would appear that it is something that we all seek but not all of us find. A dictionary definition of the term suggests that it is, *a state of being.*'

However, in reality defining happiness is a difficult task. We want to be happy, and we can say whether we are or not, but can it really be defined, studied, and measured? And can we use this learning to become happier?

If happiness is thought of as 'the good life', freedom from suffering, flourishing, well-being, joy, prosperity or satisfaction and contentment then we can learn much from Pope Francis – the very humble and practical leader of the Catholic Church. In his latest interview in July this year, he revealed his thoughts on the top 10 secrets to achieving happiness. This is a comprehensive yet common-sense approach to bringing joy to one's life in regard to the things that matter most. And certainly is worth reading. (This list was provided for all parishioners to read as an insert in the Parish Bulletin two weeks ago.)

1. "Live and let live."

Everyone should be guided by this principle that has a similar meaning to the expression in Rome – "Move forward and let others do the same".

- 2. "Be giving of yourself to others." People need to be open and generous towards others, because if you withdraw into yourself, you run the risk of becoming egocentric.
- "Proceed calmly in life."
 What is needed is the ability to move with kindness and humility, a calmness in life.

4. "A healthy sense of leisure."

The pleasures of art, literature and playing together with children have

been lost.

5. "Sundays should be holidays.

Workers should have Sundays off because 'Sunday is for family.'

6. "Find innovative ways to create dignified jobs for young people."

It's not enough to give them food, dignity is given to you when you can bring food home from one's own labour.

7. "Respect and take care of nature."

Environmental degradation is one of the biggest challenges we have.

8. Stop being negative.

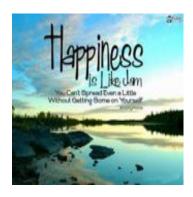
Letting go of negative things quickly is healthy.

9. Don't proselytise - respect others' beliefs.

The Church grows by attraction, not by proselytizing.

10. "Work for peace."

The call for peace must be shouted. Peace is never quiet, peace is always proactive.



Thank you to the group of parents who attended mass at St. Rita's on Friday for the Feast of the Assumption of Mary. It was a lovely celebration in which the children participated very well.

This Wednesday the Year 2 and Year 3 / 4 classes will have a Liturgy of the Word with Fr Kerry in the church at 11.30am. Everyone is welcome to attend.

Please keep the children who are preparing for First Eucharist in your prayers as they 'get ready' to receive this very special sacrament.

Also, in the Parish Bulletin on the weekend was a notice advertising for any donations of nonperishable food items for the St. Vincent De Paul pantry. If you would like to contribute to this worthy cause donations can be left at the school office. Thank you.

Have a wonderful week.

Peace be with you,

Denise

BOOK WEEK ASSEMBLY THIS FRIDAY

DATE CLAIMER!

FATHER'S NIGHT FRIDAY, 5 SEPTEMBER PIZZA & GAMES NIGHT

More information to follow next week.

P & F FATHER'S DAY RAFFLE

Last week the eldest student in each family was given a book of P & F Father's Day Raffle tickets to sell. Tickets are \$1 each. Details are on the cover of the ticket book.

We ask that families return sold AND UNSOLD tickets before THURSDAY, 4 SEPTEMBER. Thank you.

We need volunteers to sell raffle tickets at K-Mart Saturday, 30 August from 9 to 11, 11 to 1 and 1 to 3. Please contact Michelle Mann on 0409 735 021.

URGENT INFORMATION PREP ENROLMENTS FOR 2015

Parents who have children starting in Prep next year are please asked to collect enrolments forms from the school office.

These need to be completed and returned by the end of next week.

If you are aware of other children wishing to start at St Rita's next year please ask them to contact the school office on (40 642153) as soon as possible.

HEAD LICE

Unfortunately head lice have again reared their ugly heads. Not to treat your child/children is unfair to the parents who are vigilant in the fight to keep them at bay. Please make every effort this week to apply treatment to your child's hair, and continuously through the next week. If we all make every effort at the same time, the fight is made much easier. If you do regularly treat your child/children without success it is suggested repeated combing over a number of days and/or a different product should be applied. Thank you for your consideration.

BOOK CLUB - ISSUE 6

Order forms for Issue 6 of Book Club were handed to students last Tuesday. If you wish to take advantage of this issue please have your order into the school office **NO LATER THAN THIS THURSDAY MORNING, 21 AUGUST.**

DENTAL VAN

In a case of emergency please contact the Dental Clinic on 40 160 518.

DRESS UP FOR BOOK WEEK

As always, we are super excited that it is Book Week and we would love to see how students are celebrating this special week in 2014.

Ten \$50 book vouchers are up for grabs for the best dressed-up

students. Simply dress up as a book character for Book Week and send us a photo. Email photos to:

competitions@scholastic.com.au

Please include your child's name, age and year level, teacher's name and the school.

The competition closes -12 Sept, 2014.

DIRECT DEBITING SCHOOL PAYMENTS Please indicate in your description whether the amount is for fees or other. Amounts without a description will automatically go against school fees.

Account Name:	RCTC for the Diocese of
	Cairns – St Rita's School,
	South Johnstone

Account No:

00001 7401 BSB: 084352

BUSH POETS' BREAKFAST

An amazing invitation has been extended to our community from Dianne & Tom Mauloni to attend a Bush Poet's Breakfast at Spurwood Springs, Mena Creek on Sunday 14 September, commencing at 8.00am. Entry is \$22 for adults and \$12 for children. This includes breakfast.

Special guest will be full-time entertainer Marco Gliori. You may have heard of Marco as a member of "The Naked Poets Troupe" that was a hit at many Tamworth Country Music Festivals. Please phone Diane on 40 653310 in the evening or email <u>mtalbion@bigpond.com</u>

GOOD COUNSEL COLLEGE – INNISFAIL

ENROLMENT FOR YEAR 7 & 8 - 2015

Orientation Days for incoming students are as follows:

- Year 8 Orientation Day, Wednesday, 22nd October
- Year 7 Orientation Day, Wednesday, 5th November.

Enrolment packages are available from St Rita's school office.

KATE'S FITNESS CLASSES

Fitness classes for all ages and fitness levels. Every Friday from 4.30-5.30pm at St Rita's School Cost \$8.00 (payable on the day to Kate) Bring a mat, towel and water bottle.

MUNRO THEATRE BABINDA AUGUST 22, 23 & 24

Commencing 7.30pm

Admission \$8

"Mrs. Brown's Boys D'Movie"

Rated: M

JOINING INNISFAIL SPORTING ASSOC

(Please return to the school office before the end of this week.)

I am in favour / not in favour of switching to the Innisfail District Sporting Association.

Signed: _____

Print Name: _____

CALENDAR OF EVENTS - TERM 3

WEEK 6	
18 th & 19 th Aug	Prep/Year 1 Camp
22 nd Aug	BOOK WEEK DRESS-UP DAY
WEEK 7	
27,28 & 29 Aug	Year 4/5 Camp
WEEK 9	
12 Sept	NAIDOC Activities Day
WEEK 10	
14 th to 18 th Sept	Year 6/7 Camp
19 th Sept	End of Term

CALENDAR OF EVENTS - TERM 4

TERM 4		
6 th Oct	Labour Day Holiday	
7 th Oct	Start of Term	
8 th Oct	Parent Session –	
	Puberty Talk Years 2-3	
9 th – 10 th Oct	Year 2/3 Camp	
22 nd Oct	Yr 8 Orientation Day - GCC	
23 rd Oct	Wonder of Living (Yrs 1-7)	
31 st Oct	World Teachers Day	
4 th Nov	Melbourne Cup Luncheon	
5 Nov	Yr 7 Orientation Day - GCC	
$10^{\text{th}} - 14^{\text{th}} \text{ Nov}$	Prep to Year 2 Swimming	
17 th – 21 st Nov	• Year 3 to 7 Swimming	
	Christmas Book Fair	
11 th Nov	Remembrance Day	
1 st Dec	Year 6/7 Graduation Night	
3 rd Dec	Christmas Concert	
5 th Dec	End of Term	